



## **POST-TREATMENT CARE – AQUAGOLD Fine Touch ®**

The treated area will feel tight and sensitive post-treatment, similar to a sunburn. This is normal. Avoid touching the face after treatment.

First 12 hours: avoid exercise or make up immediately after treatment. If you must use makeup within the first 24 hours, please only use 100% pure mineral powder makeup. Avoid hot showers, baths, saunas post treatment. Avoid topical retinoids for 48 hours post treatment. Avoid direct sun exposure. Wear at least SPF 30+ daily.

Use prescribed home care products consistently and as directed to achieve optimal results. Avoid touching your treated skin unnecessarily. If you must ensure your hands are clean.

Avoid taking aspirin, nonsteroidal anti-inflammatory medications, St. John's wort, or high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.

Should you experience any unpleasant side effects that you are not expecting, or suffer symptoms that concern you, please do not hesitate to contact the clinic and an appointment will be made for you to be seen. If you have any further questions, before, during or after the treatment, do not hesitate to ask your practitioner.

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