

PRE-TREATMENT CARE – Chemical Peels

One week prior to treatment:

- Avoid extended sun exposure, including tanning beds.
- Do not receive injections of neurotoxins or dermal fillers
- Do not have another facial or peel treatment

72 hours prior to treatment:

- Discontinue all topical retinoids, BHA's, AHA's and glycolics.
- Avoid waxing and hair removal treatments.

24 hours prior to treatment:

- Discontinue use of any exfoliating treatments
- Men – do not shave 12 hours prior to treatment
- Do not apply makeup the day of the treatment

Talk to your nurse or physician if you have previously suffered from herpes viral infections (e.g. cold sores) as chemical peels can lead to reactivation of herpes viral infections.