



PRE-TREATMENT CARE – DERMAL FILLERS

Avoid blood thinners such as alcohol, aspirin products, NSAIDS, high dose garlic, ginseng, ginkgo, fish oil, Vitamin E, St John's Wort or other herbal supplements for 72 hours before treatment as these may increase the risk of bleeding and bruising. If you have been prescribed aspirin for a medical reason, it is best to continue this. If you have a bleeding disorder, or are taking Warfarin, discuss this with your nurse or physician prior to receiving dermal filler treatments.

Avoid having any dental work (including a cleaning) within a week of scheduled treatment.

Talk to your nurse or physician if you have previously suffered from herpes viral infections (e.g. cold sores) as injections can lead to reactivation of herpes viral infections.

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