



## **POST-TREATMENT CARE - LASER HAIR REMOVAL**

The treated area will appear inflamed (red, itchy and swollen) after treatment. This is normal. You may apply ice packs or cooling cloths to the affected area immediately after treatment and up to 12 hours thereafter.

You may apply topical vitamin E cream, aloe vera, or simply petroleum jelly to help heal the skin. Keeping these topical aftercare products in the fridge will help soothe the skin.

You may consider taking anti-inflammatory medications such as oral ibuprofen or naproxen to help reduce discomfort and swelling.

You may continue with your regular skin routine 24 hours after treatment. Avoid hot showers, baths, saunas and hot tubs until 24-48 hours after treatment. Complete resolution of side effects of treatment take anywhere from 3-5 days.

It may take up to 2 weeks post treatment for all the hairs to be expelled from their hair follicles.

Best results are obtained if treatments are scheduled 4-6 weeks apart for a minimum of 4-6 sessions to achieve desired results.

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