



POST-TREATMENT CARE – PHOTOFACIAL LASER TREATMENT

Immediately after treatment, there should be mild erythema (redness) and mild edema (swelling) at the treatment site, which may last up to 2 hours, or longer. This is normal. The erythema may last up to 2-3 days. The treated area will feel like sunburn for a few hours after treatment. Some patients note that their skin feels pleasantly warm after treatment. You may apply ice packs or cooling cloths to the affected area immediately after treatment and up to 12 hours thereafter. You may consider taking anti-inflammatory medications such as oral ibuprofen or naproxen to help reduce discomfort and swelling.

You may continue with your regular skin routine 24 hours after treatment. Makeup may be used after the treatment as long as the skin is not irritated. Avoid hot showers, baths, saunas and hot tubs until 24-48 hours after treatment. Complete resolution of side effects of treatment take anywhere from 3-5 days.

Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation). Use sunblock (SPF 30+) at all times throughout the course of treatment.

The laser treatment is often performed 4-5 times at monthly intervals for best results. You may notice immediate as well as longer term improvements in your skin.

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