



POST-TREATMENT CARE – SylfirmX RF Microneedling ® TREATMENT

Immediately after treatment, there should be mild erythema (redness) and mild edema (swelling) at the treatment site, which may last up to 24 hours, or longer. This is normal. The treated area may have tiny scabs (less than 1 mm) which may remain for 48-72 hours. These scabs should not be touched or scratched, and will shed naturally.

You may continue with your regular gentle skin routine 24 hours after treatment. Makeup should be avoided for the first 24 hours. Avoid hot showers, baths, saunas and hot tubs until 24-48 hours after treatment. It is important to keep your skin moisturized after the treatment with the aftercare instructions provided to you.

Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation). Use sunblock (SPF 30+) at all times throughout the course of treatment.

Should you experience any unpleasant side effects that you are not expecting, or suffer symptoms that concern you, please do not hesitate to contact the clinic and an appointment will be made for you to be seen. If you have any further questions, before, during or after the treatment, do not hesitate to ask your practitioner.

Sylfirm-X laser treatment is often performed 4-6 times at monthly intervals for best results. You may notice immediate as well as longer term improvements in your skin.

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