



PRE-TREATMENT CARE – SylfirmX RF Microneedling ® TREATMENT

You may take acetaminophen and/or ibuprofen prior to the treatment, at least 30 mins prior to help reduce discomfort. At your visit, your skin will be cleansed and all make-up will be removed. A topical numbing cream will be applied which will stay on for 25-30 minutes prior to treatment. Distraction techniques, such as stress balls or cooling fans may be used during the treatment to decrease discomfort.

If using oral isotretinoin (Accutane, Epuris, Clarus), you must stop at least 6 months before initiating treatment. Discontinue any topical medications 3-5 days prior to treatment. The use of self-tanning skin care products must be discontinued one week before treatment. Any residual self-tanner must be removed prior to treatment.

Talk to your nurse or physician if you have previously suffered from herpes viral infections (e.g. cold sores) as Sylfirmx RF Microneedling ® treatments can lead to reactivation of herpes viral infections.

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