



**POST-TREATMENT CARE - Non-Ablative Fractional Lasers
CLEAR & BRILLIANT ® FRAXEL ®**

Immediately after treatment, there should be mild erythema (redness) and mild edema (swelling) at the treatment site, which may last up to 24 hours, or longer. This is normal. The erythema may last up to 2-3 days. The treated area will feel like sunburn for a few hours after treatment. Some patients note that their skin feels pleasantly warm after treatment. You may apply ice packs or cooling cloths to the affected area immediately after treatment and up to 12 hours thereafter. You may consider taking anti-inflammatory medications such as oral ibuprofen or naproxen to help reduce discomfort and swelling.

You may apply topical Cytoderm™, SkinCeuticals Epidermal Repair and/or Hale Derma hypochlorous acid spray to help heal the skin. You may continue with your regular gentle skin routine 24 hours after treatment.

Makeup may be used after the treatment as long as the skin is not irritated. Avoid hot showers, baths, saunas and hot tubs until 24-48 hours after treatment. Slightly darker skin appearance typically resolves in 4-14 days. Dryness, sandpaper feel will gradually clear; moisturizers may help. Skin flaking typically resolves in 4-14 days

Avoid sun exposure to reduce the chance of hyperpigmentation (darker pigmentation).
Use sunscreen (SPF 30+) at all times throughout the course of treatment.

Should you experience any unpleasant side effects that you are not expecting, or suffer symptoms that concern you, please do not hesitate to contact the clinic and an appointment will be made for you to be seen. If you have any further questions, before, during or after the treatment, do not hesitate to ask your practitioner.

The laser treatment is often performed 4-6 times at monthly intervals for best results. You may notice immediate as well as longer term improvements in your skin.

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