



## **POST-TREATMENT CARE - ULTHERAPY® TREATMENT**

With the exception of possible bruising, Ultherapy® has no downtime, and you may return to normal activities right away. Skin remains intact, so you can resume your normal skin care and make up immediately.

If you experience any flushing or redness, this should resolve within a few hours. It is not uncommon to experience slight swelling or soreness for a few days following the procedure, and/or tingling/tenderness to the touch for days to weeks following the procedure, but these are mild and temporary in nature.

Occasionally, a linear pattern may occur in the treated area. This generally subsides within 7-10 days. Contact our office if these occur and last longer than 4 weeks.

Rarely temporary effects can include bruising or welts, which resolve in days, or numbness in a select area, which resolves in weeks. Raised welts can be treated with oral antihistamines if needed.

As with any medical procedure, there are possible risks associated with the treatment. Scarring is a very rare occurrence and will typically respond to medical care if needed. Temporary nerve inflammation is rare and usually will resolve within a matter of weeks. Should you have any concerns post procedure do not hesitate to contact us directly.

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